

Understanding Ontological Triage

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Introduction

Humanity stands at a turning point unlike any other in recent history. Across our reality field, a deep systemic process is quietly unfolding — something that cannot be legislated, avoided, or bypassed.

This process is what we can call ontological triage: *a filtering and realignment of life forms, including humans, according to their compatibility with the new systemic conditions emerging on our planet and within our solar system.*

Ontological triage is not about right or wrong, moral superiority, or worthiness. Instead, it is a structural and energetic necessity driven by the very real, measurable changes in our environment and cosmic surroundings. Understanding this triage, and how we can consciously adapt, is essential for anyone seeking to thrive, or even to remain functional, in the coming decades.

Now please listen to [this read-aloud podcast](#).

And read this paper on [Ontological Aspects of Multidimensional Contact](#).

1. What is Ontological Triage?

The term combines two ideas:

- *Ontology*: the philosophical study of the nature of being, existence, and reality.
- *Triage*: a process of sorting, classifying, or prioritizing based on urgency, compatibility, or survivability.

In this context, ontological triage means a planetary and systemic filtering, based not on ideology or moral judgment, but on how well different beings, systems, and consciousness structures can harmonize with the evolving conditions of our shared reality field.

Put simply: those who can adapt to the new cosmic and planetary dynamics will continue and potentially flourish; those who cannot will experience increasing dissonance, energetic depletion, fragmentation, and systemic breakdown.

Naturally, this process is under the [3 Transition Points for Humanity](#).

1.2. Why Is This Process Happening Now?

This triage is driven by multiple converging factors, each rooted in physical, energetic, and informational shifts already underway:

- *Cosmic radiation influx*: Due to fewer clouds and a weakening magnetic field, more cosmic rays are entering Earth's atmosphere, subtly but profoundly impacting biology and consciousness. [Read the Solar Radiation Section](#).
- *Magnetic field weakening*: Earth's magnetic field, which shields us from harmful cosmic particles and stabilizes biological rhythms, is rapidly weakening — something measured by satellite and ground instruments.
- *Epigenetic pressures*: As our environment becomes more extreme — from increased radiation to nutrient-depleted food and higher pollution — these stressors are pushing our biology to adapt at the genetic expression level. Over the next 20 years, human gene codes will shift epigenetically to survive under new conditions.

Together, these factors change the "informational background" in which life develops and sustains itself. Just as species must adapt to new climates, we must adapt informationally and energetically to remain coherent within the planetary field.

1.3. The Role of Resilience Codes and Gene Expression

Some individuals are born with certain resilience codes — genetic and energetic traits making them naturally more compatible with the changing environment.

For others, adaptation must be actively cultivated through conscious practices: inner work, energy alignment, nutritional strategies, and lifestyle changes.

The point is not whether you were born "ready", but whether you are willing to engage in the adaptation process. Epigenetics shows us that our lived choices — thoughts, emotions, diet, and energetic hygiene — can alter gene expression. This is the very practical science behind why inner work is not abstract spirituality, but a concrete survival strategy.

1.4. Choosing the Subsidiary Timeline - The Larger Framework

As we step into this ontological triage, we do not simply "stay behind or go forward." Instead, humanity is confronted with multiple subsidiary timelines — branching pathways shaped by collective and individual adaptation. These timelines are variations of what we call the original solar timelines: earlier, more coherent dynamics in which multiple civilizations coexisted and collaborated within our solar system.

Which timeline we move into is influenced by the degree of inner coherence, adaptability, and conscious alignment each of us (and collectively) can achieve. This is why ontological triage is so critical: *it is the process by which the living field itself sorts life toward the timeline it resonates with.*

This triage is part of the New Grand Cycle dynamics that are built into the original solar system construction and its reality systems:

- *Systems evolve through differentiation and selection.*
- *Only those structures compatible with new systemic conditions can sustain coherence.*

On the individual level, this means:

- *Your thoughts, emotions, and energy fields directly influence your compatibility.*
- *Inner work becomes not an option, but a requirement to remain aligned with the new reality field.*
- *Your original function as part of the future communities.*

On the collective level:

- *Societies built on fragmentation, exploitation, and denial of systemic reality will experience collapse or a larger paradigm transformation.*
- *New forms of community and technology will emerge among those who align either via societal programs or by conscious choices of a different path. [Read about these here.](#)*

Reflective Questions

Use these to explore your personal resonance with the coming triage:

1. *Where in my life do I sense resistance to change, adaptation, or letting go of old patterns?*
2. *Where do I intuitively feel a pull toward new alignments, habits, or ways of thinking?*
3. *How do I currently support or undermine my inner coherence through daily choices?*
4. *What would it mean to view inner work as an ontological necessity, not a luxury?*
5. *If timelines are real and branching, which version do I most want to contribute my energy to?*

Ontological triage is already happening. It is about resonance and coherence with the original structure of our solar system. By consciously working to align ourselves —

mentally, emotionally, physically, and energetically — we participate in shaping the timeline we and others will experience. This is not passive acceptance, but active engagement with the deepest levels of our existence. It is both the challenge and the invitation of this era.

Exercises

Understand and observe how my thoughts, feelings, and choices place me into alignment with different timelines.

1. Daily Field Scan (5–10 min) - go into Meditative Contemplative State

- Ask yourself:
 - *"How does my energy feel today — calm, chaotic, tired, expansive?"*
 - *"If my current state had a frequency or color, what would it be?"*
- Write 2–3 words that describe your current inner field.
- Then ask in meditation: *"What is the best energy work for me now?"*

2. Resistance Mapping

- Reflect:
 - *Where in my life do I feel the strongest resistance to change?*
 - *What situations trigger fear or rigidity?*
- List 2–3 areas.

3. Intuitive Alignments

- Ask:
 - *"Where do I feel an inner pull toward something new, even if it feels unfamiliar?"*
 - Ask internally: *"How do I work with the new insights and to what extent?"*
- Write these impressions and ideas into your notebook.

4. Integration Action

- Choose one small daily action that aligns you more with the future you sense:
 - *New habit, practice, or mindset shift.*
- Write it down as a commitment.

The 2-8 Pillar Work In the Light of Ontological Triage

The 2-8 Pillar Work - The First of Many for the Highest Good of the Many – From 2026 to 2035

Main Working Area

The Energy System – Racial Level

The Dynamics

The Root Races

The Lineages

The Human Projects

The Guidelines

The Rules of Engagement

The Interacting Mechanics

The interplay between Local – Global – Systemic

by the use of the Rules, Lineage, Root race and the Project, we are in.

**Perception Level 2 (PL2) – Flame Code
Field – Original Pillar 2-8**

Principle 2 – Rule 2 – Law 2

2. Respond with Balance and Equal Energy and Consciousness.
2. Correct Self-Responsibility.
2. The Law of Proximity & Counterbalance.

In pillar 2-8 we learned how to develop the racial genetics of our lineage, being a natural part of our template, so our alterations would be for the highest good of the many, i.e. for our race, or the race, we had chosen to be part of. In our individual progression work, we knew we affected the racial consciousness units and thus, we always developed our genetics in unity with the dynamics of interconnectedness, following *the Law of the One*, which means that if one can do it others can too, because everything we do gets implemented into the racial genetics. We also learned how to apply our knowledge and skills to accommodate for the highest progression rate of the system, we were part of. Meaning, that the main goal of our individual and collective progression work was to achieve what was for the highest good of the system, we were part of and at the same time accomplish what were looked-for to achieve our personal highest purity rate, highest standards and progression rate.

Working in Cycles of 3 Years - in total 9 Years - within the 2-8 Pillar Layers

From 2026-2028: Principles, Rules and Laws of an 8-2 Combination - Completed in 5-5-5

From 2029-2031: Principles, Rules and Laws of an 7-3 Combination - Completed in 5-5-5

From 2032-2035: Principles, Rules and Laws of an 6-4 Combination - Completed in 5-5-5